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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

January 4, 2005

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Take One/Multi-Day supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Vitamin K, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Pantothenic Acid, Calcium, Iron, Magnesium, Zinc, Selenium, Copper, Manganese, Chromium, EGCG Epigallocatechin Gallate (from Green Tea Extract)

- Promotes Sugar and Fat Metabolism
- Supports Energy Metabolism
- This specialized formula contains essential nutrients crucial for well-being, plus vitamins and minerals to promote sugar and fat metabolism and support energy metabolism.
- An added benefit is the addition of EGCG, a green tea extract.
- This supplement is perfect for weight conscious adults following a reduced-calorie diet and daily exercise program.
- This specialized multivitamin formula promotes sugar and fat metabolism while supporting energy metabolism.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

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ASV/mb